



GIRL SCOUTS OF NORTHERN CALIFORNIA

IN THE WIND - SECRET LIVES OF SHIPS

A GS NORCAL COUNCIL'S OWN BADGE PROGRAM

JUNIORS

TO ENCOURAGE AND INSPIRE GIRLS TO EXPLORE THE
WORLD OF SAN FRANCISCO BAY.



PURPOSE

Girls can do anything, of course. In the time of the great tall ships, many people thought girls and women should stay ashore and work. But some girls and women went aboard and worked and had fun, too. This badge will ask you to imagine how you would use your skills, physical, mental and emotional to live an adventurous life at sea.

REQUIREMENTS

Complete 6 of the following activities.

All members of Girl Scouts of the USA are eligible to earn the In the Wind Badge.

The In the Wind Badge is an official award and should be worn on the front of the vest or sash.

ORDER INFORMATION

To order the In the Wind Badge please visit www.girlscoutsnorcal.org and purchase the items online. Please note that shipping and handling will be added to all online orders.

Members of Girl Scouts of Northern California will not be charged for shipping and handling if they use the GS NorCal Council's Own Order Form and have badges shipped to the closest GS NorCal store in their area for members to pick up.

ORDER PATCHES ONLINE AT WWW.GIRLSCOUTSNORCAL.ORG
FOR FURTHER INFORMATION ON PATCH PROGRAMS CONTACT PATCHES@GIRLSCOUTSNORCAL.ORG



Girl Scouts Save the Bay

IN THE WIND BADGE REQUIREMENTS FOR JUNIOR GIRL SCOUTS

Complete 6 of the following activities, including #1.

1. LIFE IN THE 1800S

Park Rangers at San Francisco Maritime National Historical Park interpret or explain the way life was like back when Balclutha was sailing. Before you can tell the story, it's good to know the facts. Do some research to find the following information about life in 1887 when Balclutha first sailed to San Francisco.

- Who was the president of the US in 1887?
- Had cars been invented yet? If not, when were they invented?
- Did San Francisco have cable cars in 1887?
- What kind of clothes did children wear in 1887?
- What were their favorite games?

2. LIFE OF A GIRL AT SEA

Compare and contrast a girl's life then (on Balclutha) and a girl's life now.

- Could a girl grow up to be the captain of a ship like Balclutha today?
- Could a girl work as a sailor?
- What are you good at that would be helpful aboard ship? For instance, are you strong to haul on sails? Are you not afraid of heights?

3. USE YOUR SENSES LIKE A SAILOR

Sailors on Balclutha often had to climb "aloft" to bring in sails – even during a storm. Imagine you were called to go aloft to help bring in the sails. Use your five senses to describe what you see and feel.

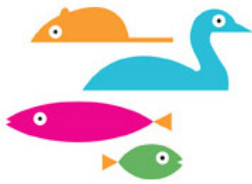
4. TIE IT

Get a book about knots out of the library and learn the following knots: Square or reef knot; bowline (pronounced "bow-lynn"); half-hitch; sheet bend. Now teach them to someone else.

5. RESEARCH THE SAIL

Look at a map of the world and trace the route Balclutha took from Wales to California. How long was their voyage? Did they stop along the way? What did they bring to California? What did they take back to Wales? Use the San Francisco Maritime Museum website as a resource.

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6. DRAW IT

You are the captain of your own sailing ship. Sketch a pencil drawing of your ship. Label all the areas including: Bow, Stern, Forecastle or fo'c's'le, Mast, Yard, Ship's wheel. Don't forget to give it a name.

7. COOK IT

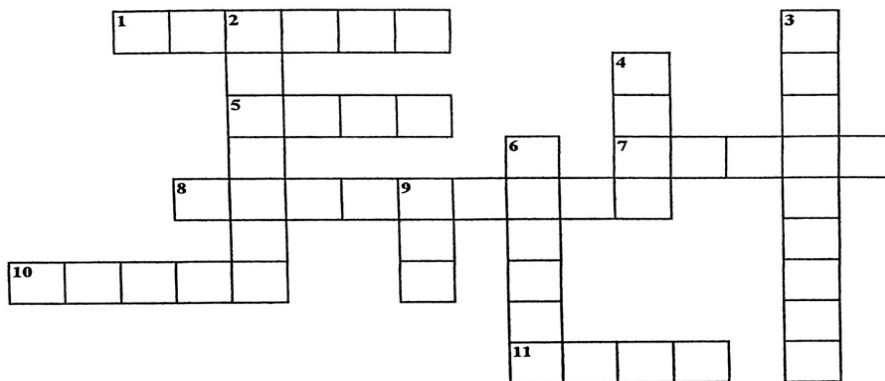
Look up a recipe for "hard tack" and get a parent or adult friend to help you make a batch. What does hard tack taste like? What could you do to get it to taste better? How do you think sailors felt about eating it every day?

8. PACK LIGHT

On a sailing ship, there isn't a lot of space so you have to pack very carefully. Make a list of 20 items you would bring with you for your year-long voyage. Share your list with others in your troop and see if you can agree on 25 items.

9. A SAILOR'S CROSSWORD

Sailors have their own special language for different parts of the ship. Use this crossword to see if you can figure out the meaning of the words below.



- | | |
|-----------|-----------|
| AVAST | FO'CSLE |
| GALLEY | BOW |
| CAPSTAN | GALLEY |
| HEAD | LOBSCOUSE |
| STARBOARD | STERN |
| PORT | YARD |

ACROSS

1. Sailors sleep here
cargo
5. The left side of the ship.
biscuits
7. To sailors this word means "stop whatever you are doing"
8. The right side of the ship
10. The back of the ship
11. On a Tall Ship, this pole is attached to the mast and holds a sail.

DOWN

2. Sailors use this machine to raise the anchor or unload
3. A stew made of salted meat, vegetables and "hard tack"
4. What sailors call the bathroom on a ship
6. The cook works here
9. The front of the ship

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9. SEAWORTHY POETRY

Lighthouses help guide ships away from danger such as rocky coastlines and coral reefs. Each lighthouse has its own pattern of light flashes that identifies its location. Find the light or “lens” from the Farallon Islands lighthouse in the visitor center and explore the exhibits about it. For this activity you will write a haiku poem about the lighthouse. Haiku is a traditional form of poetry that does not rhyme. Every haiku poem has three lines, each with a specific number of syllables or beats. The first and third lines have five syllables. The second line has seven syllables. Here’s how a haiku poem looks:

Rocky coast, darkness
The light flashes one . . . two . . . three
Showing the way home.

You may choose any topic for your poem. For example, you might imagine you are the lighthouse and describe what you see. You might imagine you’re a sailor seeing the lighthouse for the first time

RESOURCES

- San Francisco Maritime Museum, <http://www.maritime.org/index.htm>
- Sailing Terms, <http://www.scils.rutgers.edu/-elfox/terms.html>
- Tying knots, http://www.sailingusa.info/sailing_knots.htm, or check your local library or bookstore for; Peter J. Owens. Knots, More Than Fifty of the Most Useful Knots for Camping, Sailing, Fishing, and Climbing: Quantum, 2007
- Hard Tack, <http://www.nps.gov/archive/gett/gettkidz/hardtack.htm>

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